

Personal Support Network Survey: Discharge From HOPE

1. What is the best way to find information or support for someone with suicidal thoughts on discharge from HOPE?

Dedicated telephone services
 Dedicated safe space to connect
 Internet webpage
Social media page
 Emergency service
Webchat
 HOPE brochures
 Mental health triage

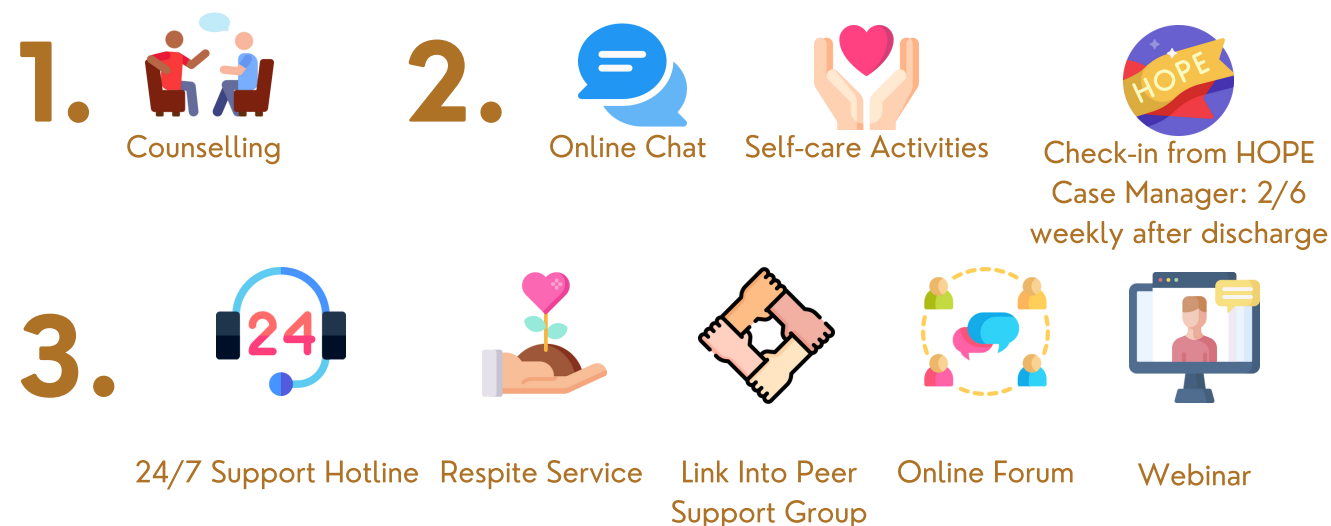
2. How did you feel when someone you have supported was discharged from HOPE?

Overwhelmed
 Confident
 Hopeless
 Empowered
 Scared.fearful
Skilled
 Confused
 Good because you are helping
 Resourceful

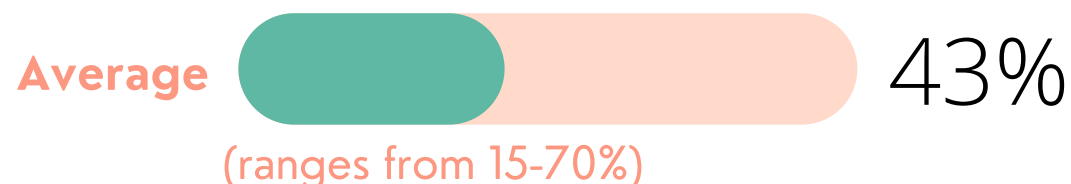


"Concerned that he was missing out on support because he disengaged from the HOPE service before the full 12 weeks."

3. What sort of supports help best after discharge from HOPE? (In order of preference)

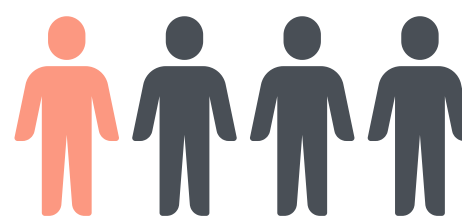


4. How confident do you feel when supporting someone after being discharged from HOPE?



5. What is your preferred way to get help for someone who has been discharged from HOPE?

100%



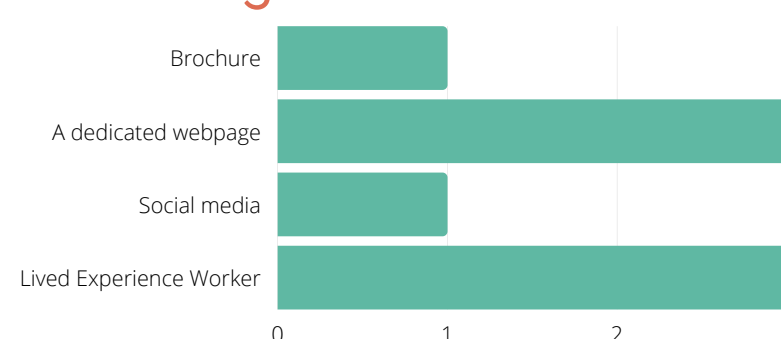
Emergency services
 Ask someone you know
 Internet search
 Community service

6. What support services would you use to get help?

- Lifeline
- Beyondblue
- Suicide line
- Suicide call back Service
- Mental health Triage
- Unaffiliated psychologists

7.

What would be helpful in learning about other services after a person you know has been discharged from HOPE?



8. Anything Else?

- More hands-on/in-person/practical support is required for people affected by lockdowns
- My partner disengaged from the HOPE program after 5 or 6 weeks as he did not feel comfortable with his case manager (low rapport) and so was unwilling to discuss his suicidal thoughts and triggers etc